### Book Review of *Thinking, Fast and Slow*

*Thinking, Fast and Slow*, as is universally acknowledged, is a masterpiece of Daniel Kahneman who is not only a Nobel laureate in economics but also a [psychologist](https://en.wikipedia.org/wiki/Psychology) notable for his in-depth study in this field. On the grounds of his researches on [judgment](https://en.wikipedia.org/wiki/Judgment), [decision-making](https://en.wikipedia.org/wiki/Decision-making) and [behavioral economics](https://en.wikipedia.org/wiki/Behavioral_economics), he provides us with new insights into the way we think in this book.

After a journey of profound reading, what leaves a deep impression on readers will be the distinction of two systems: system 1 and system 2. In order to give an explanation on the complicated mechanism of the brain, the author indicates these two basic systems at the very beginning. To be more precise, in the light of emotion, memory and experience, System 1 tends to be direct, automatic and gullible. [By comparison](C:/Program%20Files/Youdao/Dict/7.2.0.0615/resultui/dict/javascript:;), system 2 refers to another thinking mode symbolizing logic and consciousness. In other words, system 2, unlike system 1, is capable of reasoning and complicated thinking. Nevertheless, it’s not true to say that system 2 has an overwhelming superiority over system 1. Due to the impact of system1, system 2 by no means guarantees correct conclusions. The book subsequently sets forth the relationship between the two, which are not isolated from but actually tightly connected with each other. Therefore, either system is absolutely indispensable yet not sufficient to ensure sensible decisions.

When it comes to other aspects of this pioneering book, persuasiveness must be a top priority. The book features vivid examples and fresh lab results, [naturally](C:/Program%20Files/Youdao/Dict/7.2.0.0615/resultui/dict/?keyword=naturally) leading to rigorous facts and scientific methods. Thanks to those examples and experiments, a large number of illusions and fallacies such as halo effect, priming effect, anchoring effect and so on can be easily understood by a general audience.

As a proverb goes, “reading a book, one gains a wit.” *Thinking, Fast and Slow* is indeed spiritual wealth which not only exposes the weaknesses of conventional mode of thinking but also offers readers a brand-new dimension of thinking.